



Menu Options for Gluten Sensitive Customers

Appetizers

- Top Shelf Guacamole
- Fajita Nachos
- Chili Con Queso (**Dipping Sauce Only**)
- Chips and Salsa

Salads

- Chicken Fajita Salad with choice of dressing (see below)

Enchiladas & Tacos

- Fajita Steak, Grilled Chicken or Shrimp tacos on corn tortillas (crispy or soft)
- Top Shelf Fajita Enchiladas (**with chipotle wine sauce only**)

Fajitas & Grill

- Any Fajita **served with corn tortillas only**
- Asada Combo with enchilada - **cheese enchilada only with chipotle wine sauce**
- Chicken Monterrey

Lunch Specials

- Lunch Chicken Monterrey
- Lunch Fajitas **-corn tortillas only**
- Lunch Chicken Fajita salad with choice of dressing (see below)
- Burrito Bowl with grilled chicken or steak

Americano

- Grilled chicken breast with rice, sautéed vegetables, salad, and a cup of frijoles rancheros.

Dressing Choices

Ranch, Avocado Ranch, Chipotle Ranch

Disclaimer

This menu information is provided by El Chico Restaurants as a service to our customers. El Chico assumes no responsibility for its use. Patrons are encouraged to their own satisfaction, to consider this information in light of their individual requirements and needs.